

Respiratory Syncytial Virus (RSV)

What You Should Know

What is RSV?

RSV is a common cause of respiratory infections, including bronchitis and pneumonia. During the colder months in Surrey-North Delta, RSV causes outbreaks of respiratory illness. It is especially common in children.

Symptoms

- ✓ Runny nose
- ✓ Cough
- ✓ Low fever
- ✓ Sore throat
- ✓ Loss of Appetite

In some cases, symptoms can worsen. **Here's when you should see a doctor:**

- ✓ Rapid breathing
- ✓ Wheezing
- ✓ High fever
- ✓ Difficulty eating



Call 911 if you have severe breathing distress.

Preventing RSV

There are simple precautions* you can take to minimize the risk of getting RSV:



Wash your hands



Cover your coughs and sneezes



Stay home when sick & avoid people with respiratory illness.

**Keeping children away from secondhand smoke and breastfeeding for as long as possible can also help protect your children and infants.*



Surrey-North Delta
Primary Care Network

Learn More:

