

Who, What, Where

Measles Vaccines

What is the MMR vaccine? The MMR vaccine protects against measles, mumps and rubella. **Since routine measles vaccination was introduced in Canada in the 1970s, measles cases have decreased by 99%.** MMR vaccines are free in BC for those who need them.

Who Needs A Vaccine?



Young children receive the MMR vaccine in 2 doses:

#1

12 months old

#2

4-6 years old



Infants 6-11 months who may be or have been exposed to measles (ex: prior to travel)



Older children and adults born after 1970 who have not been vaccinated

Where Can I Get One?



Your Family Doctor or Nurse Practitioner



Public Health

- Call 604-476-7087



Your Pharmacist

- Ages 4 and up
- Call ahead

The MMR vaccine is also recommended for **women of child-bearing age who are **not already immune to rubella**.*



Surrey-North Delta
Primary Care Network